

# Secondary School Transition Week 2



This week's learning project focuses on becoming organised for Secondary School. It will give you an opportunity to reflect on what you will need to take with you, how you will get to school, what meal choices you can make and even how to tie a tie.

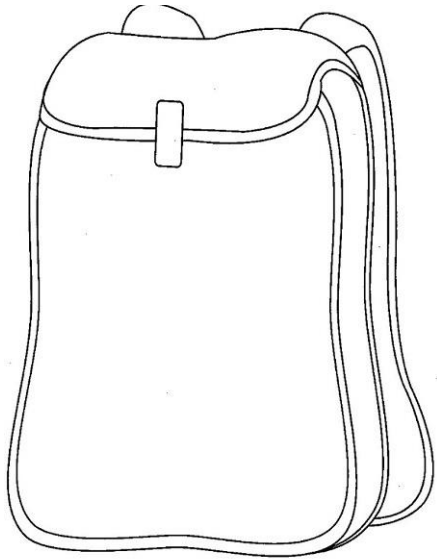
# Monday

Starting Secondary School is a time where organisation and independence can flourish; a good routine is essential for this. Plan your morning routine (from waking up to arriving at school) and then plan your evening routine too (from leaving school to going to bed). Think carefully about how long each activity will take and what times of the day you will be able to complete hobbies such as reading or after school clubs.



# Tuesday

What should I take to school? Lots of new equipment is needed for Secondary School. Create a shopping list which includes all of the equipment you will need; consider specific lessons such as P.E and Food Technology. Use you new school website for support. Draw the everyday items needed. Do you need different equipment on different days? What should you not take with you?



# Wednesday

Travelling to and from Secondary School requires careful planning and organisation. How will you get to and from your new school? Will you walk, catch a train or go by car? Plan your journey to school and your route home from school. What time will you need to leave the house to arrive at school on time? Which route will you take? Will you meet any friends on route? Do you need to take anything with you e.g. a bus pass or a bicycle helmet? These websites may help: Google Maps, Network West Midlands, Think!

# Thursday

Your new uniform may include wearing a tie. Practise how to tie your tie. Once you've mastered it, write a set of instructions for someone teaching you how to tie yours.

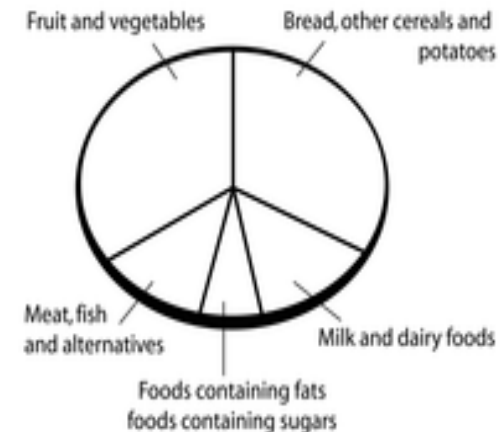
- Watch this link to help:

<https://youtu.be/MdphIk9xhqw>



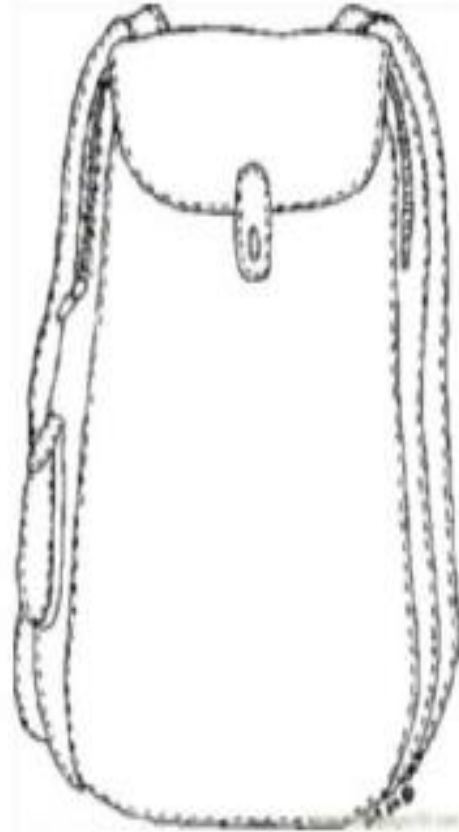
# Friday

As you begin Secondary School, you are likely to have greater freedom over what you choose to eat. Discuss with a parent or sibling, what is a healthy diet? What might the school canteen offer for lunch? Create a balanced lunch plate which you would want to eat. You could also create a 5-day menu to encourage yourself to eat a varied diet.



# Examples of work

Tuesday



Wednesday

## My Journey Planner

I will travel to school by .....

I will need to leave my house at .....

I will take the following route:

.....  
.....  
.....  
.....

I will need to take .....

The friends I will meet are .....

If I get lost, or there's a problem, I will .....

.....

Friday

